

# **A. CHANGES DURING PREGNANCY**

## MODULE 2

Pregnancy usually lasts for nine months and one week; that is 40 weeks or 280 days. The first day of pregnancy coincides with the first day of your last menstrual period before becoming pregnant. Pregnancy is generally divided in three sections called trimesters. Each trimester represents a three month period.

In the next pages you will see how your baby grows and how your body changes during pregnancy.